

FINDING A DOCTOR OR DENTIST IN OUR DIRECTORY IS EASY



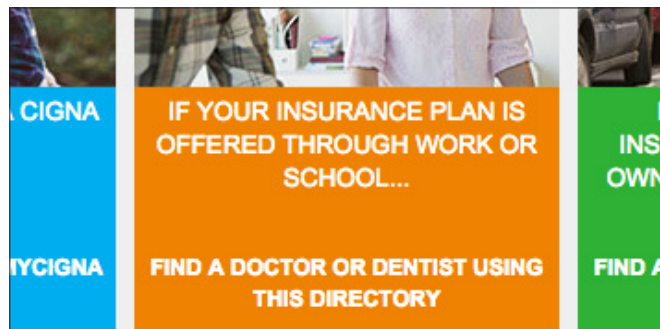
Is your doctor, dentist or hospital in the Cigna network? Cigna's online directory makes it easy to find who (or what) you're looking for.

SEARCH OUR NETWORK IN FIVE SIMPLE STEPS

Step 1

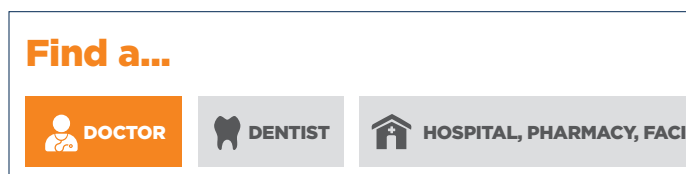
Go to **www.Cigna.com**, click on FIND A DOCTOR/ DENTIST at the top of the screen. Then, select the orange box that reads "If your insurance plan is offered through work."

(If you already have a Cigna plan, log in to **myCigna**.)



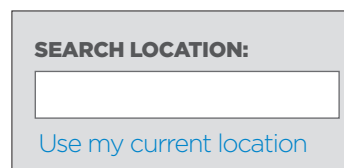
Step 2

Choose what you're looking for: Doctors, dentists or places to receive medical care.



Step 3

Enter the geographic location you want to search.



over >

Together, all the way.SM



Offered by: Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company or their affiliates.

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Step 4

Select one of the plans offered by your employer during open enrollment.

SELECT A PLAN:

PICK
▼

Medical: Remind me later

Dental: Remind me later

Step 5

Enter a name, specialty or other search word.
Click SEARCH to see your results.

LOOKING FOR:

A-Z
▼

SEARCH

That's it! You can also refine your search results by distance, years in practice, specialty, languages spoken and more.

Search first. Then choose Cigna.

There are so many things to love about Cigna. Our directory search is just the beginning.

After you enroll, you'll have access to myCigna – your one-stop source for managing your health plan, anytime, anyplace. On myCigna, you can estimate your health care costs, manage and track claims, learn how to live a healthier life and more.

Questions? Call 866.494.2111.



Health care professionals and facilities that participate in the Cigna network are independent practitioners solely responsible for the treatment provided to their patients. They are not agents of Cigna.

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