



CIGNA PERFORMANCE 3-TIER PRESCRIPTION DRUG LIST

As of January 1, 2019

Together, all the way.®



Offered by Cigna Health and Life Insurance Company or Connecticut General Life Insurance Company

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View your drug list online

This document was last updated 03/01/2018.* To see a current list of the medications covered on your plan’s drug list, visit:



The myCigna® website – Once you’re registered, log in and select Estimate Health Care Costs, then select Get drug costs.



Cigna.com/druglist – Select your drug list name – Performance 3 Tier – from the drop down menu.



Questions? – Call the toll-free number on the back of your Cigna ID card. We’re here to help. If it’s easier, you can also chat with us online on the **myCigna** website, Monday-Friday, 9:00 am-8:00 pm EST.

* Drug list created: originally created 01/01/2008

Last updated: 03/01/2018, for changes that were effective 07/01/2018

Next planned update: 03/01/2019, for changes that will be effective 07/01/2019

Your prescription drug list

This document shows the most commonly prescribed medications covered on the Performance Prescription Drug List as of January 1, 2019.¹ All of these medications are approved by the U.S. Food and Drug Administration (FDA). Medications are listed by the condition they treat, then listed alphabetically within tiers (or cost-share levels).

It's important to know that this is not a complete list of covered medications, and not all of the medications listed here may be covered by your specific plan. You should log in to the **myCigna** website or app, or check your plan materials, to learn more about the medications your plan covers.

How to read your drug list

Use the sample chart below to help you understand this drug list. **This chart is just an example.** It may not show how these medications are actually covered on the Performance Prescription Drug List.

TIER 1 \$	TIER 2 \$\$
BLOOD PRESSURE/HEART MEDICATIONS	
afeditab CR	Berinert* (PA)
amlodipine besylate	Bidil
amlodipine besylate-benazepril	Bystolic
amlodipine-valsartan	Cinryze* (PA)
amlodipine-valsartan-HCTZ	Coreg CR
atenolol	Cozaar (ST)
atenolol-chlorthalidone	Diovan (ST)
benazepril	Diovan HCT (ST)
benazepril-HCTZ	Edarbi (ST)
candesartan cilexetil	Edarbyclor (ST)
cartia XT	Exforge
carvedilol	Exforge HCT
clonidine	Firazy* (PA)
digitek	Hemangeol
digox	Inderal LA
digoxin	Inderal XL
diltiazem ER	Innopran XL
diltiazem CD	Lotrel
diltiazem	Micardis (ST)
dilt-XR	Multaq
enalapril	Nitro-dur
flecainide acetate	Nitrolingual
hydralazine	Nitromist
irbesartan	Nitronal
isosorbide mononitrat	Nitrostat
	Northera* (PA)
	Norvasc
	Ranexa (ST)
	Tekturna
	Tekturna HCT

Tier (cost-share level) gives you an idea of how much you may pay for a medication

Medications are grouped by the **condition** they treat

Medications are listed in **alphabetical** order within each column

Specialty medications have an asterisk (*) listed next to them

Brand name medications are **capitalized**

Generic medications are **lowercase**

Medications that have extra coverage requirements will have an **abbreviation** listed next to them

This chart is just a sample. It may not show how these medications are actually covered on the Performance Prescription Drug List.

Tiers

Covered medications are divided into tiers, or cost-share levels. Typically, the higher the tier, the higher the price you'll pay to fill the prescription.

- | | | |
|--|--------------------------|--------|
| › Tier 1 – Typically Generics | (Lower-cost medication) | \$ |
| › Tier 2 – Typically Preferred Brands | (Medium-cost medication) | \$\$ |
| › Tier 3 – Typically Non-Preferred Brands | (Higher-cost medication) | \$\$\$ |

Abbreviations next to medications

Some medications on your drug list have extra requirements before your plan will cover them.* This helps to make sure you're receiving coverage for the right medication, at the right cost, in the right amount and for the right situation. These medications will have an abbreviation next to them in the drug list. Here's what each of the abbreviations mean.

(PA) **Prior Authorization** – Cigna will review information provided by your doctor to make sure you meet coverage guidelines for the medication. If approved, your plan will cover the medication.

(ST) **Step Therapy** – Certain high-cost medications are part of the Step Therapy program. Step Therapy encourages the use of lower-cost medications (typically generics and preferred brands) that can be used to treat the same condition as the higher-cost medication. These conditions include, but are not limited to, depression, high blood pressure, high cholesterol, skin conditions and sleep disorders. Your plan doesn't cover the higher-cost Step Therapy medication until you try one or more alternatives first (unless you receive approval from Cigna).

(QL) **Quantity Limits** – For some medications, your plan will only cover up to a certain amount over a certain length of time. For example, 30mg per day for 30 days. Your plan will only cover a larger amount if your doctor requests and receives approval from Cigna.

(AGE) **Age Requirements** – You must be within a specific age range for your plan to cover the medication. Some medications aren't considered clinically appropriate for individuals who aren't within that age range.

* This may not apply to your plan because not all plans have extra coverage requirements like prior authorization, quantity limits, Step Therapy and/or age. Please log in to the myCigna website or app, or check your plan materials, to find out if your plan includes these specific coverage requirements.

Brand name medications are capitalized

In this drug list, brand name medications are capitalized and generic medications are lowercase.

Specialty medications are marked with an asterisk

Specialty medications are used to treat complex conditions like multiple sclerosis, hepatitis C and rheumatoid arthritis. In this drug list, specialty medications are marked with an asterisk (*). Some plans may cover these medications on a specialty tier, may limit coverage to a 30-day supply and/or require you to use a preferred specialty pharmacy to receive coverage. Please log in to the **myCigna** website or app, or check your plan materials, to learn more about how your plan covers specialty medications.

No cost-share preventive medications are marked with a plus sign

Health care reform under the Patient Protection and Affordable Care Act (PPACA) requires that most plans cover certain categories of medications and other products as preventive care services. In this drug list, medications with a plus sign (+) next to them may be available to you at no cost-share (copay, coinsurance and/or deductible). Please log in to the **myCigna** website or app, or check your plan materials, to learn more about how your plan covers preventive medications.

Plan exclusions

Your plan excludes certain types of medications or products from coverage. This is known as a “plan (or benefit) exclusion.” This means that your plan doesn’t cover any prescription medications in the drug class or to treat the specific condition. There’s also no option to receive coverage through a medication review process. In this drug list, these medications have a caret (^) next to them. Please log in to the **myCigna** website or app, or check your plan materials, to find out if your plan excludes your medication from coverage.

How to find your medication on the drug list

Find your condition in the alphabetical list below. Then go to that page to see the covered medications available to treat the condition.

Condition	Page	Condition	Page
AIDS/HIV	6	EYE CONDITIONS	11
ALLERGY/NASAL SPRAYS	6	FEMININE PRODUCTS	11
ALZHEIMER'S DISEASE	6	GASTROINTESTINAL/HEARTBURN	11
ANXIETY/DEPRESSION/BIPOLAR DISORDER	6	HORMONAL AGENTS	11, 12
ASTHMA/COPD/RESPIRATORY	6	INFECTIONS	12
ATTENTION DEFICIT HYPERACTIVITY DISORDER	7	INFERTILITY	12
BLOOD MODIFIERS/BLEEDING DISORDERS	7	MISCELLANEOUS	12, 13
BLOOD PRESSURE/HEART MEDICATIONS	7	MULTIPLE SCLEROSIS	13
BLOOD THINNERS/ANTI-CLOTTING	7	NUTRITIONAL/DIETARY	13
CANCER	7, 8	OSTEOPOROSIS PRODUCTS	13
CHOLESTEROL MEDICATIONS	8	PAIN RELIEF AND INFLAMMATORY DISEASE	13, 14
CONTRACEPTIVE PRODUCTS	8–10	PARKINSON'S DISEASE	14
COUGH/COLD MEDICATIONS	10	SCHIZOPHRENIA/ANTI-PSYCHOTICS	14
DENTAL PRODUCTS	10	SEIZURE DISORDERS	14, 15
DIABETES	10	SKIN CONDITIONS	15
DIURETICS	10	SLEEP DISORDERS/SEDATIVES	15
EAR MEDICATIONS	10	SMOKING CESSATION	15
ERECTILE DYSFUNCTION	10	SUBSTANCE ABUSE	15
		TRANSPLANT MEDICATIONS	16
		URINARY TRACT CONDITIONS	16

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$	TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
AIDS/HIV			ANXIETY/DEPRESSION/BIPOLAR DISORDER		
abacavir-lamivudine*	Atripla*	Complera*	amitriptyline		Effexor XR (ST, QL)
atazanavir*	Biktarvy*	Evotaz*	bupropion (QL)		Fetzima (ST, QL)
ritonavir*	Descovy*	Odefsey*	bupropion SR (QL)		Forfivo XL (ST, QL)
tenofovir *	Genvoya*	Prezcobix*	bupropion XL (QL)		Prozac (ST, QL)
	Intelence*	Stribild*	buspirone		Sarafem (ST)
	Isentress HD*	Viread 300mg*	citalopram (QL)		Trintellix (ST)
	Isentress*		clomipramine		Viibryd (ST)
	Norvir packet, capsule, solution*		desvenlafaxine ER (QL)		Wellbutrin SR (ST, QL)
	Prezista*		duloxetine (QL)		Zoloft (ST, QL)
	Reyataz packet*		escitalopram (QL)		
	Selzentry*		fluoxetine (QL)		
	Tivicay*		fluoxetine DR (QL)		
	Triumeq*		paroxetine (QL)		
	Truvada*		paroxetine CR (QL)		
	Viread powder, 150, 200 250mg*		paroxetine ER (QL)		
			sertraline (QL)		
			trazodone		
			venlafaxine (QL)		
			venlafaxine ER (QL)		
ALLERGY/NASAL SPRAYS			ASTHMA/COPD/RESPIRATORY		
Adyphren		Clarinet-D 12 Hour	albuterol	Advair Diskus	Adcirca* (PA)
Adyphren Amp		EpinephrineSnap-V	budesonide inhalation	Advair HFA	Adempas* (PA)
azelastine		EPIsnap	ipratropium-albuterol	Anoro Ellipta	Aralast NP* (PA)
cromolyn		Karbinal ER	montelukast	Atrovent HFA	Arcapta Neohaler
cyproheptadine		Ryvent		Breo Ellipta	Daliresp (QL)
desloratadine		Semprex-D		Combivent	Fasenra* (PA)
epinephrine auto- injector (QL)		Sinuva* (PA)		Respimat	Glassia* (PA)
flunisolide				Incruse Ellipta	Kalydeco* (PA, QL)
fluticasone				ProAir HFA	Letairis* (PA)
hydroxyzine				ProAir	Nucala* (PA)
ipratropium				RespiClick	Ofev* (PA)
mometasone spray (QL)				Pulmicort	Opsumit* (PA)
olopatadine spray				Flexhaler	Orenitram ER* (PA)
Phenergan				Pulmozyme* (PA)	Orkambi* (PA, QL)
promethazine				QVAR	Pulmicort
				RediHaler	Remodulin* (PA)
				Serevent	Symdeko* (PA, QL)
				Diskus	Tracleer* (PA)
				Spiriva	Tyvaso* (PA)
				Stiolto	Uptravi* (PA)
				Respimat	
				Striverdi	
				Respimat	
				Symbicort	
				Trelegy Ellipta (ST)	
				Ventolin HFA	
				Xolair* (PA)	
ALZHEIMER'S DISEASE					
donepezil	Mestinon	Mestinon tablet			
donepezil ODT	syrup	Namenda			
memantine	Namenda	Namenda XR (QL)			
memantine ER	Titration Pak	Namzaric (QL)			
pyridostigmine		Regonol			
pyridostigmine ER					
rivastigmine					

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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ATTENTION DEFICIT HYPERACTIVITY DISORDER

atomoxetine	Vyvanse (PA)	Adderall (ST)
dexmethylphenidate		Adzenys ER (PA)
dexmethylphenidate ER		Adzenys XR-ODT (PA)
dextroamphetamine-amphetamine ER		Daytrana (PA)
dextroamphetamine-amphetamine		Dyanavel XR (PA)
guanfacine ER		Evekeo (ST)
Metadate ER		Focalin (ST)
methylphenidate		Methylin (ST)
methylphenidate CD		Quillichew ER (PA)
methylphenidate ER		Quillivant XR (PA)
methylphenidate LA		Ritalin (ST)

BLOOD MODIFIERS/BLEEDING DISORDERS

tranexamic acid*	Aranesp* (PA)	Bebulin* (PA)
	Epogen* (PA)	Ceprotrin* (PA)
	Granix*	Promacta* (PA)
	Neulasta* (PA)	
	Procrit* (PA)	
	Soliris* (PA)	
	Zarxio*	

BLOOD PRESSURE/HEART MEDICATIONS

amlodipine-benazepril	Bystolic	Azor
amlodipine-olmesartan	Byvalson	Bayer Chewable Aspirin+
amlodipine-valsartan	Corlanor (PA)	Benicar (ST)
amlodipine-valsartan-HCTZ	Entresto (PA)	Benicar HCT (ST)
Aspir 81+	Multaq	Beninert* (PA)
Aspir-Low+	Nitro-Dur 0.3, 0.8mg	BiDil (QL)
aspirin EC+	Tekturna	Cardizem LA
aspirin+	Tekturna HCT	Cinryze* (PA)
atenolol		Coreg CR
atenolol-chlorthalidone		Cozaar (ST)
benazepril		Diovan (ST)
benazepril-HCTZ		Diovan HCT (ST)
bisoprolol		Edarbi (ST)
Bufferin+		Edarbyclor (ST)
candesartan		Epaned (ST)
Cartia XT		Firazyr* (PA)
carvedilol		Haegarda* (PA)
carvedilol ER		Hemangeol
clonidine		Inderal LA
Digitek		Inderal XL
Digox		Innopran XL
digoxin		Nitro-Dur 0.1, 0.2, 0.4, 0.6mg
Dilt-XR		Nitrolingual
diltiazem		
diltiazem CD		
diltiazem ER		

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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BLOOD PRESSURE/HEART MEDICATIONS (cont)

dofetilide (QL)		Nitromist
doxazosin		Nitrostat
Ecotrin+		Northera* (PA)
EcPirin+		Norvasc
enalapril		Ranexa (ST, QL)
flecainide		Tiazac
hydralazine		Tikosyn (QL)
irbesartan		Toprol XL
isosorbide		Tribenzor
isosorbide ER		Vasotec (ST)
labetalol		
lisinopril		
lisinopril-HCTZ		
losartan		
losartan-HCTZ		
Matzim LA		
metoprolol		
nadolol		
nifedipine		
nifedipine ER		
olmesartan		
olmesartan-amlodipine-HCTZ		
olmesartan-HCTZ		
propafenone		
propafenone ER		
propranolol		
propranolol ER		
quinapril		
ramipril		
Taztia XT		
telmisartan		
telmisartan-HCTZ		
tri-buffered aspirin+		
valsartan		
valsartan-HCTZ		
verapamil		
verapamil ER		
verapamil SR		

BLOOD THINNERS/ANTI-CLOTTING

aspirin-dipyridamole ER	Brilinta	Bevyxxa (QL)
clopidogrel	Eliquis	Coumadin
enoxaparin* (QL)	Fragmin* (QL)	Effient
fondaparinux (QL)	Xarelto	Pradaxa
Jantoven		Savaysa
prasugrel		Zontivity
warfarin		

CANCER

anastrozole	Actimmune* (PA)	Afinitor Disperz* (PA)
bexarotene* (PA)	Avastin* (PA)	Afinitor* (PA)
capecitabine* (PA)		Alecensa* (PA)

Cigna Performance 3-Tier Prescription Drug List

TIER 1	TIER 2	TIER 3
\$	\$\$	\$\$\$

CANCER (cont)

imatinib* (PA)	Herceptin* (PA)	Arimidex
letrozole	Intron A* (PA)	Bosulif* (PA)
mercaptopurine	Nexavar* (PA)	Cabometyx* (PA)
methotrexate*	Revlimid* (PA)	Cometriq* (PA)
tamoxifen+	Rituxan* (PA)	Cotellic* (PA)
temozolomide* (PA)	Sprycel* (PA)	Erivedge* (PA)
	Sutent* (PA)	Erleada* (PA)
	Tarceva* (PA)	Fareston (QL)
	Tasigna* (PA)	Gazyva* (PA)
	Trexall*	Gilotrif* (PA)
	Valstar*	Gleevec* (PA)
		Ibrance* (PA)
		Iclusig* (PA)
		Imbruvica* (PA)
		Inlyta* (PA)
		Jakafi* (PA)
		Kadcyla* (PA)
		Lenvima* (PA)
		Lonsurf* (PA)
		Lynparza* (PA)
		Mekinist* (PA)
		Nerlynx* (PA)
		Ninlaro* (PA)
		Perjeta* (PA)
		Pomalyst* (PA)
		Stivarga* (PA)
		Sylatron* (PA)
		Tafinlar* (PA)
		Tagrisso* (PA)
		Targretin* (PA)
		Tecentriq* (PA)
		Verzenio* (PA)
		Votrient* (PA)
		Xalkori* (PA)
		Xtandi* (PA)
		Zelboraf* (PA)
		Zytiga* (PA)

CHOLESTEROL MEDICATIONS

atorvastatin 10mg, 20mg+	Repatha* (PA)	Crestor (ST)
ezetimibe		Korlym* (PA)
ezetimibe-simvastatin		Kynamro* (PA)
fenofibrate		Vascepa
fenofibric acid		Vytorin (ST)
fluvastatin 20mg, 40mg+		Zetia
fluvastatin ER 80mg+		
lovastatin 20mg, 40mg+		
niacin ER		
Niacor		
omega-3 acid ethyl esters		

TIER 1	TIER 2	TIER 3
\$	\$\$	\$\$\$

CHOLESTEROL MEDICATIONS (cont)

pravastatin 10mg, 20mg, 40mg, 80mg+		
rosuvastatin 5mg, 10mg+		
simvastatin 10mg, 20mg, 40 mg+ (QL)		
Triklo		

CONTRACEPTIVE PRODUCTS

Aftera+	Lo Loestrin FE	Beyaz
Altavera+	NuvaRing	Caya Contoured+
Alyacen+	Taytulla	Ella+
Amethia Lo+		Eurostep FE
Amethia+		FC2 Female Condom+
Amethyst+		Femcap+
Apri+		Kyleena*
Aranelle+		Loestrin FE
Ashlyna+		LoSeasonique
Aubra+		Microgestin+
Aviane+		Minastrin 24 FE
Azurette+		Mirena*
Balziva+		Nexplanon*
Bekyree+		Seasonique
Blisovi 24 FE+		Skyla*
Blisovi FE+		Today Contraceptive Sponge+
Briellyn+		Wide Seal
Camila+		Diaphragm+
Camrese Lo+		
Camrese+		
Caziant+		
Chateal+		
Cryselle+		
Cyclafem+		
Cyred+		
Dasetta+		
Daysee+		
Deblitane+		
Delyla+		
desogestrel-ethinyl estradiol+		
drospirenone-ethinyl estradiol-levomefibrate+		
drospirenone-ethinyl estradiol+		
Econtra EZ+		
Econtra One-Step+		
Elinest+		
Emoquette+		
Enpresse+		

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$	TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
CONTRACEPTIVE PRODUCTS (cont)			CONTRACEPTIVE PRODUCTS (cont)		
Enskyce ⁺			My Choice ⁺		
Errin ⁺			My Way ⁺		
Estartylla ⁺			Myzitra ⁺		
ethynodiol-ethinyl estradiol ⁺			Necon 0.5/35 ⁺		
Falmina ⁺			Necon 7/7/7 ⁺		
Fayosim ⁺			Nikki ⁺		
Femynor ⁺			Nora-BE ⁺		
Gianvi ⁺			norethindrone-ethinyl estradiol-iron ⁺		
Heather ⁺			norethindrone-ethinyl estradiol ⁺		
Introvale ⁺			norethindrone ⁺		
Isibloom ⁺			norgestimate-ethinyl estradiol ⁺		
jencycla ⁺			Norlyda ⁺		
Jolessa ⁺			Norlyroc ⁺		
Jolivette ⁺			Nortrel ⁺		
Juleber ⁺			Ocella ⁺		
Junel FE 24 ⁺			Opcicon One-Step ⁺		
Junel FE ⁺			Option 2 ⁺		
Junel ⁺			Orsythia ⁺		
Kaitlib FE ⁺			Philith ⁺		
Kariva ⁺			Pimtrea ⁺		
Kelnor 1-35 ⁺			Pirmella ⁺		
Kelnor 1-50 ⁺			Portia ⁺		
Kimidess ⁺			Previfem ⁺		
Kurvelo ⁺			Quasense ⁺		
Larin 24 FE ⁺			Rajani ⁺		
Larin FE ⁺			Reclipsen ⁺		
Larin ⁺			Rivelsa ⁺		
Larissia ⁺			Setlakin ⁺		
Leena ⁺			Sharobel ⁺		
Lessina ⁺			Sprintec ⁺		
Levonest ⁺			Sronyx ⁺		
levonorgestrel-ethinyl estradiol ⁺			Syeda ⁺		
Levora-28 ⁺			Tarina FE ⁺		
Lillow ⁺			Tilia FE ⁺		
Loryna ⁺			Tri Femynor ⁺		
Low-Ogestrel ⁺			Tri-Estartylla ⁺		
Lutera ⁺			Tri-Legest FE ⁺		
Lyza ⁺			Tri-Linyah ⁺		
Marlissa ⁺			Tri-Lo-Estartylla ⁺		
medroxyprogesterone 150mg/ml ⁺			Tri-Lo-Marzia ⁺		
Melodetta 24 FE ⁺			Tri-Lo-Sprintec ⁺		
Mibelas 24 FE ⁺			Tri-Mili ⁺		
Microgestin FE ⁺			Tri-Previfem ⁺		
Mili ⁺			Tri-Sprintec ⁺		
Mono-Linyah ⁺			Tri-Vylibra ⁺		
Mononessa ⁺			Trinessa Lo ⁺		

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$			TIER 2 \$\$			TIER 3 \$\$\$					
CONTRACEPTIVE PRODUCTS (cont)						DIABETES (cont)					
Trinessa+						Glucagon					
Trivora-28+						Emergency Kit (QL)					
Tulana+						Glyxambi					
Tydemy+						Humalog					
VCF+						Humulin					
Velivet+						Janumet					
Vienna+						Janumet XR					
Viorele+						Januvia					
Vyfemia+						Jardiance					
Vylibra+						Kombiglyze XR					
Wera+						Levemir					
Wymzya FE+						OneTouch test strips and meters					
Xulane+						Onglyza					
Zarah+						Qtern					
Zenchent+						Soliqua					
Zovia 1-35e+						SymlinPen					
Zovia 1-50e+						Synjardy					
						Synjardy XR					
						Tresiba					
						Trulicity (QL)					
						Victoza (QL)					
						Xigduo XR					
						Xultophy					
COUGH/COLD MEDICATIONS											
benzonatate						Tessalon Perle					
Bromfed DM						Tussionex (QL)					
brompheniramine-pseudoephedrine-DM						Tuzistra XR (QL)					
hydrocodone-chlorpheniramine ER (QL)											
hydrocodone-homatropine (QL)											
Hydromet (QL)											
DENTAL PRODUCTS											
chlorhexidine rinse		Prevident 5000		Clinpro 5000							
Denta 5000 Plus		paste, gel		Prevident							
Dentagel				Prevident 5000 cream							
doxycycline											
Fluoridex											
Oralone											
Paroex											
Peridex											
Periogard											
sodium fluoride											
SF 5000 plus											
triamcinolone paste											
DIABETES											
glimepiride		Basaglar		Cycloset							
glipizide		Bydureon (QL)		Glucophage							
glipizide ER		Byetta (QL)		Glucophage XR							
glipizide XL		Farxiga		Riomet							
metformin		GlucaGen		VGo							
metformin ER		HypoKit(QL)									
DIURETICS											
acetazolamide			Diuril			Aldactone					
chlorthalidone			Dyrenium			Carospir					
eplerenone						Jynarque* (PA)					
furosemide						Lasix					
hydrochlorothiazide						Samsca*					
spironolactone											
triamterene-HCTZ											
EAR MEDICATIONS											
neomycin-polymyxin-HC		Cipro HC		Coly-Mycin S							
ofloxacin drops		Ciprodex		Dermotic							
				Otovel							
ERECTILE DYSFUNCTION											
sildenafil (PA, QL)			Cialis (PA, QL)			Viagra (PA, ST, QL)					
			Muse (PA, QL)								

Cigna Performance 3-Tier Prescription Drug List

TIER 1	TIER 2	TIER 3
\$	\$\$	\$\$\$

MISCELLANEOUS (cont)

		Ingrezza* (PA)
		Jadenu*
		Kuvan* (PA)
		Lumizyme* (PA)
		Naglazyme* (PA)
		NebuSal 6%
		Nuedexta (QL)
		Strensiq* (PA)
		Syprine* (PA)
		Vimizim* (PA)
		VPRIV* (PA)
		Xenazine* (PA)
		Xeomin* (PA)

MULTIPLE SCLEROSIS

glatiramer* (PA)	Ampyra* (PA)	Lemtrada* (PA)
Glatopa* (PA)	Aubagio* (PA)	Ocrevus* (PA)
	Avonex* (PA)	Tysabri* (PA)
	Betaseron* (PA)	
	Extavia* (PA)	
	Gilenya* (PA)	
	Plegridy* (PA)	
	Rebif* (PA)	
	Tecfidera* (PA)	

NUTRITIONAL/DIETARY

B-12 Compliance	CitraNatal 90	Auryxia (QL)
calcitriol	DHA	Concept DHA
calcium	Klor-Con M15	Escavite D ⁺
cyanocobalamin injection	OB Complete	Escavite ⁺
FA-8 ⁺	Poly-Vi-Flor ⁺	Floriva ⁺
fluoride ⁺	Prefera OB	Fluorabon ⁺
Fluoritab ⁺	Prenate	K-Tab ER
Flura-Drops ⁺	Tri-Vi-Flor ⁺	Klor-Con 10
folic acid ⁺	Tristart DHA	Klor-Con 8
Klor-Con	Vitafol	KPN ⁺
Klor-Con M10	vitaMedMD	Mephyton
Klor-Con M20	One Rx	MVC-fluoride ⁺
lanthanum	vitaPearl	Nascobal
levocarnitine solution	VP-PNV-DHA	Perry Prenatal ⁺
Ludent Fluoride ⁺		Phoslyra
multivitamin-iron-fluoride ⁺		Physicians EZ Use B-12
PNV-DHA		Poly-Vi-Flor With Iron ⁺
polyvitamins-fluoride ⁺		Quflora ⁺
potassium chloride		Renagel
Prena1 Pearl		Renvela
prenatal vitamin ⁺		Urosex ⁺
		Velphoro
		Veltassa

TIER 1	TIER 2	TIER 3
\$	\$\$	\$\$\$

NUTRITIONAL/DIETARY (cont)

Prenatal ⁺		
Right Step ⁺		
sevelamer		
sodium fluoride ⁺		
tri-vitamin with fluoride-iron ⁺		
tri-vitamin with fluoride ⁺		
Virt-PN DHA		
vitamin D2 1.25mg		
Zatean-PN DHA		

OSTEOPOROSIS PRODUCTS

alendronate (QL)	Tymlos*	Evista
calcitonin-salmon		Fosamax Plus D (ST)
ibandronate*		Prolia* (PA)
raloxifene ⁺		Xgeva* (PA)
risedronate		
risedronate DR		

PAIN RELIEF AND INFLAMMATORY DISEASE

acetaminophen-codeine (PA, QL)	Actemra* (PA)	Abstral (PA, QL)
allopurinol	Cuprimine* (PA)	Actiq (PA, QL)
baclofen	Depen* (PA)	Analpram HC
buprenorphine (QL)	Embeda (PA, QL)	Arymo ER (PA, QL)
butalbital-acetaminophen-caffeine-codeine (PA, QL)	Enbrel* (PA)	Benlysta* (PA)
carisoprodol	Humira* (PA)	Buprenex
celecoxib (QL)	Hysingla ER (PA, QL)	Butrans (QL)
colchicine	Nucynta (PA, QL)	Celebrex (ST, QL)
cyclobenzaprine	Otezla* (PA)	Cimzia* (PA)
DermacinRx Empricaine	Proctofoam-HC	Colcryst
DermacinRx Prizopak	Rasuvo* (PA)	Cosentyx* (PA)
diclofenac (QL)	Remicade* (PA)	Duragesic (PA, QL)
diclofenac ER	Savella	Durolane* (PA)
dihydroergotamine (QL)	Stelara* (PA)	Euflexxa* (PA)
eletriptan (QL)	Subsys (PA, QL)	Fentora (PA, QL)
Endocet (PA, QL)	Uloric	Flector (ST, QL)
etodolac	Xtampza ER (PA, QL)	Gelsyn-3* (PA)
etodolac ER		Hyalgan* (PA)
fenoprofen		Ilaris* (PA)
Fenortho		Kadian (PA, QL)
fentanyl (PA, QL)		Kevzara* (PA)
Fioricet (QL)		Kineret* (PA)
frovatriptan (QL)		Lazanda (PA, QL)
		Mitigare
		Monovisc* (PA)
		Morphabond ER (PA, QL)
		MS Contin (PA, QL)
		Nucynta ER (PA, QL)

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$	TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
PAIN RELIEF AND INFLAMMATORY DISEASE (cont)			PAIN RELIEF AND INFLAMMATORY DISEASE (cont)		
Glydo hydrocodone- acetaminophen (PA, QL) hydromorphone tablet, solution (PA, QL) hydromorphone syringe, vial (QL) hydromorphone ER (PA, QL) IBU ibuprofen indomethacin indomethacin ER ketorolac (QL) leflunomide lidocaine (QL) lidocaine viscous lidocaine-prilocaine Lidopril Lidopril XR Lido-Prilo Caine Pack LiproZonePak Livixil Pak Lorcet (PA, QL) Lorcet HD (PA, QL) Lorcet Plus (PA, QL) Lortab (PA, QL) Medolor pak meloxicam Metaxall metaxalone methocarbamol morphine (PA, QL) morphine ER (PA, QL) naproxen naproxen DS oxycodone (PA, QL) oxycodone ER (PA, QL) oxycodone- acetaminophen (PA, QL) oxymorphone (PA, QL) oxymorphone ER (PA, QL) Phrenilin Forte (QL) Prilolid		Onzetra Xsail (QL) Orencia* (PA) Orthovisc* (PA) Otrexup* (PA) Oxaydo (PA, QL) Pennsaid (ST) Percocet (PA, QL) Procort Relpax (QL) Simponi* (PA) Synera Synvisc* (PA) Synvisc-One* (PA) Taltz* (PA) Tremfya* (PA) Voltaren (ST, QL) Xeljanz XR* (PA) Xeljanz* (PA) Zohydro ER (PA, QL)	Primlev (PA, QL) Profeno Relador Pak Relador Pak Plus rizatriptan (QL) sumatriptan (QL) sumatriptan-naproxen (QL) tizanidine tramadol (QL) tramadol ER (QL) Verdrocet (PA, QL) Vicodin (PA, QL) Vicodin ES (PA, QL) Vicodin HP (PA, QL)		
			PARKINSON'S DISEASE		
			amantadine bromocriptine carbidopa-levodopa carbidopa-levodopa ER pramipexole pramipexole ER rasagiline ropinirole ER	Apokyn* (PA)	Azilect Neupro Rytary Sinemet Sinemet CR Tasmar Xadago
			SCHIZOPHRENIA/ANTI-PSYCHOTICS		
			aripiprazole aripiprazole ODT chlorpromazine haloperidol olanzapine olanzapine ODT paliperidone ER quetiapine quetiapine ER risperidone risperidone ODT ziprasidone		Abilify Maintena (QL) Aristada (QL) Fanapt (ST, QL) Invega Sustenna (QL) Invega Trinza (QL) Latuda (ST) Rexulti (ST) Saphris (ST) Seroquel (ST) Seroquel XR (ST) Vraylar (ST)
			SEIZURE DISORDERS		
			carbamazepine carbamazepine ER divalproex ER Epitol gabapentin lamotrigine lamotrigine (blue, green, orange)	Keppra vial Lyrica Vimpat tablet, solution (PA)	Aptiom (PA) Banzel (PA, QL) Brievact (PA) Carbatrol Depakote Depakote ER Dilantin

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$	TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
SEIZURE DISORDERS (cont)			SKIN CONDITIONS (cont)		
lamotrigine ER lamotrigine ODT lamotrigine ODT (blue, green, orange) levetiracetam levetiracetam ER oxcarbazepine Roweepra Roweepra XR topiramate topiramate ER		Fycompa (PA) Oxtellar XR (PA) Phenytek Spritam (PA) Tegretol Tegretol XR Vimpat vial	mupirocin Myorisan (QL) Neuac gel Nolix nystatin-triamcinolone oxiconazole permethrin Procto-Med HC Procto-Pak Proctosol-HC Proctozone-HC Rosadan Rosanil Scalacort sodium sulfacetamide-sulfur SSS 10-5 SulfCcleanse 8-4 tacrolimus tazarotene tretinoin (PA age) triamcinolone Triderm Zenatane (QL)		
SKIN CONDITIONS			SLEEP DISORDERS/SEDATIVES		
adapalene cream, lotion, 3% gel (PA age) adapalene-benzoyl peroxide Ala-Cort 2.5% Amnesteem (QL) Avar Avar-E BenzePrO BP 10-1 calcipotriene calcipotriene- betamethasone DP calcitrene Claravis (QL) Clindacin ETZ Clindacin P clindamycin clindamycin-benzoyl peroxide clindamycin-tretinoin clobetasol Clodan shampoo clotrimazole- betamethasone dapsone desonide fluocinonide fluorouracil flurandrenolide hydrocortisone imiquimod isotretinoin (QL) ketoconazole metronidazole	Eucrisa Finacea Naftin gel Santyl (QL)	Benzamycin Celacyn gel Desonate (ST) Desowen (ST) Dovonex Drysol Ecoza Elidel Enstilar Naftin cream Picato Sklice Soolantra Sorilux Taclonex Targretin* Topicort (ST) Tremfya* (PA) Tridesilon (ST)	armodafinil (PA) eszopiclone modafinil (PA) zolpidem zolpidem ER	Belsomra (ST) Silenor (ST)	Rozerem (ST, QL) Xyrem* (PA)
SMOKING CESSATION			SUBSTANCE ABUSE		
			buprenorphine SR 150mg+ NicoDerm CQ+ Nicorelief+ nicotine gum+ nicotine lozenge+ nicotine patch+ Quit 2+ Quit 4+	Chantix Nicotrol	Nicorette+ Zyban
			buprenorphine buprenorphine- naloxone naloxone naltrexone (QL)	Bunavail Narcan Probuphine Suboxone Zubsolv	Sublocade*

Cigna Performance 3-Tier Prescription Drug List

TIER 1 \$	TIER 2 \$\$	TIER 3 \$\$\$
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TRANSPLANT MEDICATIONS

azathioprine*	Prograf*	Astagraf XL*
mycophenolate*		Cellcept capsule, suspension, tablet*
mycophenolic acid*		
sirolimus*		Envarsus XR*
tacrolimus*		Myfortic*
		Neoral*
		Zortress*

URINARY TRACT CONDITIONS

darifenacin ER	Cystagon*	Avodart
dutasteride	Elmiron	Procysbi* (PA)
finasteride 5mg	K-Phos Original	Pyridium
oxybutynin	Thiola*	Rapaflo
oxybutynin ER		
phenazopyridine		
potassium ER		
tamsulosin		
tolterodine		
tolterodine ER		
tropium		
tropium ER		

Medications that are not covered

The medications listed below aren't covered on your plan's drug list.^^ This means that if you fill a prescription for any of these medications, you'll pay its full cost out-of-pocket. **We want you to know your plan covers other medications that are used to treat the same condition.^^** We've listed some below for you and your doctor to consider. **You should call your doctor's office to talk about your options.**

DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
ALLERGY/NASAL SPRAYS	Auvi-Q EpiPen, EpiPen Jr	epinephrine auto-injector
	Beconase AQ Dymista Nasonex Omnaris QNASL Zetonna	Generic nasal steroids (e.g., fluticasone)
	QNASL Children	budesonide fluticasone triamcinolone
ANXIETY/DEPRESSION/BIPOLAR DISORDER	Anafranil	clomipramine
	Aplenzin Wellbutrin XL	bupropion XL
	Ativan	lorazepam
	Cymbalta	duloxetine
	Lexapro	escitalopram
	Pamelor	nortriptyline
	Parnate	tranylcypromine
	Pexeva Tofranil	paroxetine/CR/ER imipramine
ASTHMA/COPD/RESPIRATORY	Alvesco ArmonAir RespiClick Arnuity Ellipta Asmanex Asmanex HFA Flovent Diskus Flovent HFA	QVAR RediHaler Pulmicort Flexhaler
	Bevespi Utibron Neohaler	Anoro Ellipta Stiolto Respimat
	Dulera	Advair Diskus Advair HFA Breo Ellipta Symbicort
	Elixophyllin	theophylline oral solution
	Proventil HFA Xopenex HFA	ProAir HFA ProAir RespiClick Ventolin
	Seebri Neohaler Tudorza Pressair	Incruse Ellipta Spiriva

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
ASTHMA/COPD/RESPIRATORY <i>(cont)</i>	Zyflo	montelukast zafirlukast
	Zyflo CR	zileuton ER
ATTENTION DEFICIT HYPERACTIVITY DISORDER	Cotempla XR-ODT	dexmethylphenidate ER methylphenidate ER/CD/LA dextroamphetamine-amphetamine ER Vyvanse
	Desoxyn	methamphetamine
	Dexedrine	dextroamphetamine
	Mydayis	dextroamphetamine-amphetamine ER dexmethylphenidate ER methylphenidate ER/CD/LA Vyvanse
BLOOD PRESSURE/HEART MEDICATIONS	Betapace	sotalol
	Cardizem	diltiazem
	Cardizem CD	Cartia XT diltiazem CD/ER
	Isordil Isordil Titradose	isosorbide dinitrate
	Lanoxin	Digitek digoxin
BLOOD THINNERS/ANTI-CLOTTING	Yosprala	IR or EC aspirin
CANCER	Nilandron	nilutamide
CHOLESTEROL MEDICATIONS	Antara Fenoglide	fenofibrate
	Lipitor	atorvastatin
	Zypitamag	atorvastatin fluvastatin lovastatin pravastatin rosuvastatin simvastatin
COUGH/COLD MEDICATIONS	Tussicaps	hydrocodone-chlorpheniramine ER
DIABETES	Accu-Chek, Contour, Freestyle, all other test strips and meters	OneTouch test strips and meters
	Adlyxin Tanzeum	Byetta Bydureon Ozempic Trulicity Victoza
	Admelog Afrezza Apridra Apridra SoloStar Fiasp Novolin, Novolog	Humalog Humulin

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
DIABETES (cont)	Fortamet Glumetza metformin ER (generic Fortamet and Glumetza)	metformin ER (generic Glucophage XR)
	Invokamet Invokamet XR Segluromet	Synjardy, Synjardy XR, Xigduo XR
	Invokana	Farxiga Jardiance
	Jentadueto Jentadueto XR Kazano	alogliptin-metformin Janumet, Janumet XR Kombiglyze XR
	Nesina Tradjenta	alogliptin Januvia Onglyza
	Oseni	alogliptin-pioglitazone Januvia + pioglitazone
	Lantus Toujeo SoloStar	Basaglar, Levemir, Tresiba
	Steglatro	Farxiga Jardiance
DIURETICS	Edecrin ethacrynic acid	bumetanide furosemide torsemide
EYE CONDITIONS	Vyzulta	bimatoprost latanoprost Travatan Z
GASTROINTESTINAL/HEARTBURN	Anusol-HC suppository Cortifoam Uceris foam	Anucort-HC Hemmorex-HC hydrocortisone suppository
	Asacol-HD Colazal Delzicol Dipentum Giazo mesalamine 800mg tablet	Apriso balsalazide Lialda Pentasa sulfasalazine sulfasalazine DR
	Librax	chlordiazepoxide-clidinium
	Lotronex	alosetron
	Marinol	dronabinol
	Nexium	esomeprazole
	Omeclamox-Pak Prevpac Pylera	lansoprazole-amoxicillin-clarithromycin (combo pak)
	OmePPI	omeprazole
	Pepcid	famotidine
	Prevacid SoluTab	lansoprazole
	Rowasa	mesalamine enema

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)	
GASTROINTESTINAL/HEARTBURN (<i>cont</i>)	Syndros	dronabinol	
	Trulance	Amitiza, Linzess	
	Zegerid	omeprazole	
	Zofran	ondansetron	
	Zofran ODT	ondansetron ODT	
	Zuplenz	ondansetron ondansetron ODT	
HORMONAL AGENTS	Cortrosyn	cosyntropin	
	DDAVP	desmopressin	
	Dexpak TaperDex	dexamethasone	
	Fortesta Natesto Testim Vogelxo	AndroGel 1.62% testosterone	
	Genotropin Norditropin Nutropin AQ Omnitrope Saizen Zomacton	Humatrope (PA)	
	Hectorol	doxercalciferol	
	Rayos	prednisone prednisone intensol	
	Uceris tablet	dexamethasone hydrocortisone methylprednisolone prednisone prednisolone	
	INFECTIONS	Acticlate Doryx Minocin capsule Oracea Solodyn Vibramycin capsule Ximino	Generic products (e.g., doxycycline; minocycline)
		Augmentin/ES/XR	amoxicillin-clavulanate ER
Bethkis Tobi		Kitabis Pak tobramycin	
Diflucan		fluconazole	
E.E.S. 200 Eryped 400		erythromycin ethylsuccinate	
Mepron		atovaquone	
Mycobutin		rifabutin	
Onmel		itraconazole terbinafine	

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
INFECTIONS <i>(cont)</i>	Sitavig	acyclovir (oral) famciclovir valacyclovir
	Sporanox	itraconazole
	Targadox	doxycycline
	Valcyte	valganciclovir
	Vancocin	vancomycin
	Zovirax	acyclovir (oral) famciclovir valacyclovir
INFERTILITY	Bravelle Gonal-F	Follistim AQ (PA)
MISCELLANEOUS	Horizant	gabapentin
MULTIPLE SCLEROSIS	Copaxone	Aubagio, Avonex, Betaseron, Extavia, Gilenya, glatiramer, Glatopa, Plegridy, Rebif, Tecfidera
PAIN RELIEF AND INFLAMMATORY DISEASE	Amrix	cyclobenzaprine Other generic muscle relaxants
	Belbuca	buprenorphine
	Bupap	butalbital-acetaminophen tablet Tencon
	Cambia diclofenac 1.5% solution Duexis Naprelan naproxen CR naproxen ER Pennsaid Tivorbex Vimovo Vivlodex Zipsor Zorvolex	Generic prescription NSAIDs (e.g., celecoxib, meloxicam)
	Conzip	tramadol tramadol ER
	D.H.E. 45	dihydroergotamine
	Duzallo	allopurinol, probenecid
	Gralise	gabapentin
	Imitrex Zembrace SymTouch	sumatriptan
	Siliq	Enbrel (PA) Humira (PA) Remicade (PA) Stelara (PA)
	levorphanol	Generic products (e.g., acetaminophen- codeine, hydromorphone, oxycodone)
	Lido-K Lidozion	lidocaine cream

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
PAIN RELIEF AND INFLAMMATORY DISEASE (cont)	Lorzone	chlorzoxazone
	Migranal	dihydroergotamine
	OxyContin	Xtampza ER (PA) Embeda ER (PA) Hysingla ER (PA)
	Roxicodone	oxycodone
	Soriatane	acitretin
	Sprix	ketorolac
	Treximet	Generic NSAIDs Generic triptans (e.g., sumatriptan, naratriptan)
	Vanatol LQ	butalbital-acetaminophen-caffeine
	Zomig	zolmitriptan sumatriptan
	Zomig ZMT	zolmitriptan ODT
	PARKINSON'S DISEASE	Gocovri
Lodosyn		carbidopa
Requip XL		ropinirole ER
SCHIZOPHRENIA/ANTI-PSYCHOTICS	Abilify	aripiprazole
	Fazaclo Versacloz	clozapine clozapine ODT
	Geodon	ziprasidone
	Zyprexa	olanzapine
	Zyprexa Zydis	olanzapine ODT
SEIZURE DISORDERS	Lyrica CR	duloxetine gabapentin lidocaine 5% patch Lyrica
	Mysoline	primidone
SKIN CONDITIONS	Absorica	Claravis Myorisan Zenatane
	Aldara	imiquimod cream
	Anusol-HC cream	hydrocortisone Procto-Med HC Proctosol-HC Proctozone-HC
	Bensal HP Salex	salicylic acid
	Benzaclin Duac Neuac Kit	clindamycin-benzoyl peroxide Neuac gel
	Carac	fluorouracil
	Clindagel	clindamycin
	Clobex	clobetasol

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
SKIN CONDITIONS (cont)	Cutivate	Generic topical steroid (e.g. betamethasone)
	diclofenac 3% gel	Fluoroplex fluorouracil imiquimod Picato (NPB)
	Ertaczo Extina Luzu Vusion	ketoconazole
	Halog Ultravate X	clobetasol halobetasol
	Jublia Kerydin	Ciclodan ciclopirox itraconazole terbinafine
	Kenalog	triamcinolone
	Locoid Locoid Lipocream	hydrocortisone
	Loprox cream, kit	ciclopirox
	Noritate	metronidazole Rosadan
	Oxistat	clotrimazole econazole ketoconazole
	Penlac	Ciclodan ciclopirox
	Plexion	sodium sulfacetamide-sulfur
	Prudoxin Zonalon	Generic topical steroid (e.g., betamethasone tacrolimus (topical))
	Sernivo	betamethasone fluocinonide hydrocortisone
	Soriatane	acitretin
	Trianex	triamcinolone Triderm
	Ultravate lotion	clobetasol
	Vanos	fluocinonide
	Verdeso	desonide
	Xerese	acyclovir (oral) + hydrocortisone famciclovir + hydrocortisone valacyclovir + hydrocortisone
	Ziana	tretinoin clindamycin-benzoyl peroxide
	Zyclara	imiquimod

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DRUG CLASS	MEDICATION NOT COVERED^^	GENERIC AND/OR PREFERRED BRAND ALTERNATIVE(S)
SLEEP DISORDERS/SEDATIVES	Ambien Ambien CR Edluar Intermezzo	zolpidem zolpidem ER
	Nuvigil	armodafinil
	Provigil	modafinil
	Restoril	temazepam
SUBSTANCE ABUSE	Evzio	Narcan
URINARY TRACT CONDITIONS	Detrol	darifenacin ER
	Detrol LA	oxybutynin ER
	Ditropan XL	tolterodine ER
	Enablex	trospium ER
	Gelnique	
	Myrbetriq	
	Oxytrol	
	Toviaz VESicare	

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Prescription drug list FAQs

Understanding your prescription medication coverage can be confusing. Below are answers to some commonly asked questions.

Why do you make changes to the drug list?

Cigna regularly reviews and updates the prescription drug list. We make changes for many reasons – like when new medications become available or are no longer available, or when medication prices change. We try to give you many options to choose from to treat your health condition. These changes may include:¹

- › Moving a medication to a lower cost tier. This can happen at any time during the year.
- › Moving a brand medication to a higher cost tier when a generic becomes available. This can happen at any time during the year.
- › Moving a medication to a higher cost tier and/or no longer covering a medication. This typically happens twice a year on January 1st and July 1st.
- › Adding requirements to a medication. For example, requiring approval from Cigna before a medication may be covered or adding a quantity limit to a medication.

When a medication changes tiers or is no longer covered, you may pay a different amount to fill that medication. It's important to know that when we make a change that affects the coverage of a medication you're taking, we let you know before it begins so you have time to talk with your doctor.

Why doesn't my plan cover certain medications?

To help lower your overall health care costs, your plan doesn't cover certain high-cost brand medications because they have lower-cost, covered alternatives which are used to treat the same condition. Meaning, the alternative works the same or similar to the non-covered medication. If you're taking a medication that your plan doesn't cover and your doctor feels an alternative isn't right for you, he or she can ask Cigna to consider approving coverage of your medication.

Your plan may also exclude certain medications or products from coverage. This is known as a

“plan (or benefit) exclusion.” For example, your plan excludes medications that aren't approved by the U.S. Food and Drug Administration (FDA).

How do you decide which medications are covered?

The Cigna Prescription Drug List is developed with the help of Cigna's Pharmacy and Therapeutics (P&T) Committee, which is a group of practicing doctors and pharmacists, most of whom work outside of Cigna. The group meets regularly to review medical evidence and information provided by federal agencies, drug manufacturers, medical professional associations, national organizations and peer-reviewed journals medications about the safety and effectiveness of medications that are newly approved by the FDA and medications already on the market. The Cigna Pharmacy Management[®] Business Decision Team then looks at the results of the P&T Committee's clinical review, as well as the medication's overall value and other factors before adding it to, or removing it from, the drug list.

Which medications are covered under the health care reform law?

The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. Under this law, certain preventive medications (including some over-the-counter medicines) may be available to you at no cost-share (\$0), depending on your plan. Please log in to the **myCigna** website or app, or check your plan materials, to learn more about how your plan covers preventive medications. You can also view the PPACA No Cost-Share Preventive Medications drug list on **Cigna.com/druglist**.

For more information about health care reform, visit **www.informedonreform.com** or **Cigna.com**.

Are medications newly approved by the FDA covered on my drug list?

Newly approved medications may not be covered on your drug list for the first six months after they receive FDA approval. These include, but are not limited to, medications, medical supplies or devices covered under standard

Prescription drug list FAQs (cont)

pharmacy benefit plans. We review all newly approved medications to determine if they should be covered – and if so, at what tier level. If your doctor feels a currently covered medication isn't right for you, he or she can ask Cigna to consider approving coverage of the newly approved medication.

How can I find out how much I'll pay for a specific medication?

You can use the Drug Cost tool on the **myCigna** website or app to estimate how much your medication may cost and view lower cost² alternatives, if available.

How can I save money on my prescription medications?

You may be able to save money by switching to a medication that's on a lower tier (ex. generic or preferred brand) or by filling a 90-day supply, if your plan allows. You should talk with your doctor to find out if one of these options may work for you.

What's the difference between brand name and generic medications?

The FDA requires generic medications to provide the same clinical benefit as its brand name versions.³ The FDA also requires generic makers to prove that the generic works in the same way as the brand name medication. This means that generic equivalent medications must:³

- › Have the same active ingredient, strength and dosage form as the brand name medication
- › Deliver the same amount of active ingredients into the bloodstream in the same amount of time as the brand name medication
- › Be used in the same way as the brand name medication

Generics typically cost much less than brand name medications – in some cases, up to 85% less.³ Just because generics cost less than brands, it doesn't mean they're lower-quality medications.

How can I get help with my specialty medication?

Cigna Specialty Pharmacy can help you manage your health and prescription needs.⁴ Their team of medical condition experts provide personalized, 24/7 support. They'll help you get approval for coverage of your medication, answer any questions you have about your medication and its cost, help you work through any side effects and make sure you have any supplies you need (at no extra cost). They'll also help you set up home delivery of your medication and give you information about financial assistance programs (if you need help paying for your medication). To learn more about the services they provide, please call **800.351.3606** or go to **Cigna.com/specialty-pharmacyservices**.

Can I fill my prescriptions by mail?

Yes, as long as your plan offers home delivery.⁴

- › If you're taking a medication every day to treat an ongoing health condition like diabetes, high blood pressure, high cholesterol or asthma, you can order up to a 90-day supply through Cigna Home Delivery Pharmacy.SM To learn more, call **800.835.3784** or go to **Cigna.com/home-delivery-pharmacy**.
- › If you're taking a specialty medication to treat a complex condition like multiple sclerosis, hepatitis C and rheumatoid arthritis, you can fill your prescription through Cigna Specialty Pharmacy (our home delivery pharmacy). To learn more, call **800.351.3606** or go to **Cigna.com/specialty-pharmacy-services**.

Where can I find more information about my prescription medication plan?

You can use the online tools and resources on the **myCigna** website or app to help you better understand your pharmacy benefits. You can view your drug list or search for a specific medication, use the Drug Cost tool to estimate how much your medication may cost, find an in-network pharmacy near you, review your pharmacy claims and payment history, and track Cigna Home Delivery Pharmacy⁴ orders and request refills.

Exclusions and limitations

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and be medically necessary. If your plan provides coverage for certain preventive prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, the prescription may not be covered. Certain drugs may require prior authorization, or be subject to step therapy, quantity limits or other utilization management requirements.

Plans generally do not provide coverage for the following under the pharmacy benefit, except as required by state or federal law, or by the terms of your specific plan:⁵

- › over-the-counter (OTC) medicines (those that do not require a prescription) except insulin unless state or federal law requires coverage of such medicines;
- › prescription medications or supplies for which there is a prescription or OTC therapeutic equivalent or therapeutic alternative;
- › doctor-administered injectable medications covered under the Plan's medical benefit, unless otherwise covered under the Plan's prescription drug list or approved by Cigna;
- › implantable contraceptive devices covered under the Plan's medical benefit;
- › medications that are not medically necessary;
- › experimental or investigational medications, including FDA-approved medications used for purposes other than those approved by the FDA unless the medication is recognized for the treatment of the particular indication;
- › medications that are not approved by the Food & Drug Administration (FDA);
- › prescription and non-prescription devices, supplies, and appliances other than those supplies specifically listed as covered;
- › medications used for fertility, sexual dysfunction, cosmetic purposes, weight loss, smoking cessation, or athletic enhancement;
- › prescription vitamins (other than prenatal vitamins) or dietary supplements unless state or federal law requires coverage of such products;
- › immunization agents, biological products for allergy immunization, biological sera, blood, blood plasma and other blood products or fractions and medications used for travel prophylaxis;
- › replacement of prescription medications and related supplies due to loss or theft;
- › medications which are to be taken by or administered to a covered person while they are a patient in a licensed hospital, skilled nursing facility, rest home or similar institution which operates on its premises or allows to be operated on its premises a facility for dispensing pharmaceuticals;
- › prescriptions more than one year from the date of issue; or
- › coverage for prescription medication products for the amount dispensed (days' supply) which is more than the applicable supply limit, or is less than any applicable supply minimum set forth in The Schedule, or which is more than the quantity limit(s) or dosage limit(s) set by the P&T Committee.
- › more than one prescription order or refill for a given prescription supply period for the same prescription medication product prescribed by one or more doctors and dispensed by one or more pharmacies.
- › prescription medication products dispensed outside the jurisdiction of the United States, except as required for emergency or urgent care treatment.

In addition to the plan's standard pharmacy exclusions, certain new FDA-approved medication products (including, but not limited to, medications, medical supplies or devices that are covered under standard pharmacy benefit plans) may not be covered for the first six months of market availability unless approved by Cigna as medically necessary.

Cigna reserves the right to make changes to the Drug List without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.



1. State laws in Texas and Louisiana may require your plan to cover your medications at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval, these changes may not begin until your renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on the back of your ID card.
2. Prices are not guaranteed, and even though a price is displayed in the Drug Cost tool, it's not a guarantee of coverage. Your costs and coverage may change by the time you fill your prescription at the pharmacy, and medication costs at individual pharmacies can vary. Coverage and pricing may change. For example, your pharmacy's retail cash price for a specific medication may be less than the price shown in the Drug Cost tool.
3. U.S. Food and Drug Administration (FDA) website, "Generic Drug Facts." Last updated 06/04/18.
4. Not all plans are the same, so some plans may not include Cigna Home Delivery Pharmacy or Cigna Specialty Pharmacy. Please log in to the myCigna website or app, or check your plan materials, to learn more about the pharmacies in your plan's network.
5. Costs and complete details of the plan's prescription drug coverage are set forth in the plan documents. If there are any differences between the information provided here and the plan documents, the information in the plan documents takes complete precedence.

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